

表二(附錄):牛油、起酥油、人造牛油、混合脂肪塗抹醬及脂肪塗抹醬樣本的測試結果

樣本編號 [1]	品牌及樣本名稱 [2]	聲稱來源地 [2]	成分 [2]
無加鹽牛油 (Unsalted Butter)			
1	Pauls Australian Butter (Unsalted)	澳洲	pasteurised cream, water, lactic acid, starter culture extract
2	大公司 Daisy 無鹽牛油 Unsalted butter	澳洲	pasteurised cream (milk product), water, acidity regulator (E270), starter culture
3	Lactima 牛油 (無鹽) Butter (unsalted)	波蘭	經巴士德消毒忌廉 (含奶類製品)
4	銀寶 Lurpak 無鹽牛油 Butter (Unsalted)	丹麥	忌廉、乳酸菌、脂肪82%、過敏原: 包含牛奶
5	avonmore 愛爾蘭無鹽牛油 Pure Irish Butter (Unsalted)	愛爾蘭	巴士德消毒牛油 (由牛奶製造之忌廉所製)
有加鹽牛油 (Salted Butter)			
6	Heritage Butter (Salted)	比利時	cream, lactic starters, salt (1%)
7	法國總統 French Président 有鹽牛油 Butter (Salted)	法國	牛油(忌廉、乳酸發酵劑)、鹽3%
8	德運 Devondale 咸味黃油 Salted Butter	澳洲	稀奶油、水、食用鹽
9	M&S Food Organic British Salted Butter	英國	butter (milk), salt (1.5%)
10	Topvalu 100% Hokkaido Milk Butter Mini Pack with salt	日本	raw milk (Hokkaido), salt
11	coles Organic Salted Butter	澳洲	忌廉、海鹽
12	安佳 Anchor 有鹽牛油 Pure New Zealand Butter (Salted)	紐西蘭	pasteurised cream (from cow's milk), salt, contains milk
起酥油 (Shortening)			
13	Crisco All-Vegetable Shortening	美國	soybean oil, fully hydrogenated palm oil, palm oil, mono and diglycerides, TBHQ and citric acid (antioxidants)
混合脂肪塗抹醬 (Blended fat spread) 及混合脂肪 (Blends)			
14	大公司 Daisy Butter Blend Spread (Salted)	澳洲	butter, canola oil, water, salt
15	銀寶 Lurpak 有鹽軟牛脂 Spreadable Slightly Salted	丹麥	牛油、菜籽油、水、乳酸菌、鹽
16	Président Ambassador Culinary Fat Blend (Unsalted)	法國	vegetable hydrogenated fat: copra, water, butter, lactose, acidity regulator: lactic acid, emulsifier (E471), natural aroma, color: betacarotene, vitamin A
脂肪塗抹醬 (Fat spread)			
17	Flora Light Spread	澳洲	water, vegetable oils (46%) (containing 25% sunflower and 14% canola oil), thickener (potato starch), salt, emulsifiers (471, soy lecithin), milk solids, acidity regulator (lactic acid), preservative (202), vitamins (A, D), natural flavours, colour (β-carotene)
18	Meadows Spread with Sunflower Oil	愛爾蘭	water, Sunflower oil, palm oil, linseed oil, salt, buttermilk powder, contains emulsifier (E417) as permitted food conditioner, contains permitted preservative (E202), and permitted flavouring (natural butter flavour), contains permitted acidity regulator (E270) as permitted food conditioner and permitted colourings (E160b, E100), vitamin A, vitamin D
19	雪印 Snow Brand 雪印特級植物牛油 Neo Soft Spread	日本	植物油 (大豆、棕櫚、椰子、棕櫚仁、芥花籽)、鹽、脫脂奶粉、乳化劑[脂肪酸一甘油酯和脂肪酸二甘油酯、山梨糖醇酐三硬脂酸酯、卵磷脂 (大豆製品)]、調味料、維生素A、維生素E、色素 (β-胡蘿蔔素) (含有奶類及大豆)
20	Meiji Butter Soft	日本	edible vegetable fat and oil, salt, whey powder (contains milk composition), emulsifier (E479), flavour and flavouring, colour (E160a(i))
21	earth balance Original Buttery Spread	美國	vegetable oil blend (palm, canola, soybean, flax and olive oils), water, salt, natural flavor, pea protein, emulsifier (322), acidity regulator (270), color (annatto extract)
22	Olive Grove Classic Spread Butter	澳洲	vegetable oils 63% (containing 20% olive oil, fully hydrogenated palm oil), water, salt, emulsifiers (soy lecithin, E471), milk solids, preservative (E202), acidity regulator (E270), colour (E160a), flavour, vitamins A & D. Contains soybeans and milk.
23	Laburnum Vegetable Fat Spread△▲	愛爾蘭	vegetable oils (palm Oil, rapeseed Oil), water, salt, emulsifier (mono- & diglycerides of fatty acids, polyethylene sorbitan monostearate), flavouring, colour (beta carotene)
24	OraSi Vegetable fat for spread 70% Margarina	意大利	vegetable oils and fats (fats (palm, coconut), oils (sunflower) [15%]), water, emulsifiers (E471, E322 sunflower lecithin), concentrated lemon juice, natural flavourings
蒜味人造牛油(Margarina)			
25	Constantia Garlic Margarine▲	紐西蘭	vegetable oils, water, reconstituted garlic (9.9%), salt, citrus fibre, parsley, emulsifier (471, 322), food acid (270, 330), flavour, colour (160b), antioxidant (307b). Contains soy products.
26	Marin Food Garlic Margarine	日本	edible vegetable oils and fats, edible refined processed fats and oils, garlic, salt, skim milk powder, cheese, fresh cream, parsley, red bell pepper, emulsifier, acidity regulator (E330), flavoring, color (E160a)
添加植物固醇 (sterol) 或甾烷醇 (stanol) 的脂肪塗抹醬			
27	table lands Butter Spread with Plant Sterols△	澳洲	vegetable oils, water, phytosterol esters, salt, milk solids, emulsifier (soy lecithin, mono-and di-glycerides of fatty acids), acidity regulator (lactic acid), preservative (potassium sorbate), colour (carotene), flavour, vitamin A, vitamin D
28	Benecol Buttery Spread 58% Vegetable Oils Original	美國	canola oil, water, palm oil and palm kernel oil, plant stanol ester, less than 2% of salt, buttermilk, emulsifier (vegetable monoglycerides), preservative (202), antioxidants (330, 385), artificial flavor, DL-α-tocopheryl acetate, vitamin A palmitate, color (160a). Contain milk.

[1] 樣本按總評分由高分至低分列出, 愈多★代表愈好, 相同評分的樣本, 會按牌子的英文字母由A至Z順序排列, 如樣本同時有中英文名稱, 會按牌子的中文筆劃由少至多順序排列。

[2] 資料從檢視樣本的包裝或由店舖店員提供所得。