

# 表三：朱古力的可可含量及奶含量研究

樣本編號	標籤資料 產品名稱及描述 [1]	可可含量相關資料及測試結果 [2]						奶含量相關資料及測試結果 [2]			
		可可含量 標示值	測試結果					奶含量 標示值	測試結果		
			可可脂	非脂可可 固形物	可可含量	咖啡因	可可鹼		奶含量	乳脂	非脂乳 固形物
			(%)	(克/100克)	(%)	(毫克/100克)	(%)				
<b>黑朱古力(標示可可含量70%至80%及成分表有列出糖)</b>											
1	<b>Divine</b> Deliciously Smooth Dark Chocolate 70% Cocoa	70	46.0	24.7	70.7	69.0	671.7	/	—	—	—
2	<b>Meurisse</b> Dark Chocolate from Papua New Guinea 73% Cacao	73	43.2	25.5	68.7	114.7	651.1	/	—	—	—
3	<b>Lindt</b> Excellence MILD 70% Cocoa Mild Dark Chocolate	70	47.2	21.1	68.3	73.8	558.5	/	—	—	—
4	<b>La Maison Du Chocolat</b> Paris 70% Mexique Intense Dark Chocolate Bitter Roasted Single Origin	70	43.0	27.0	70.0	68.1	741.0	/	—	—	—
5	<b>Ghirardelli</b> Intense Dark 72% Cacao Dark Chocolate	72	47.5	24.9	72.4	84.8	660.9	/	—	—	—
6	<b>Venchi</b> Montezuma Nibs 75% Cocoa Extra Dark Chocolate with Roasted Cocoa Nibs	75	41.7	28.7	70.4	98.1	764.0	/	0.1	0.1	—
7	<b>Godiva</b> Signature 72% Cacao Dark Chocolate 醇享系列72% 可可黑巧克力	72	39.2	24.5	63.7	74.3	662.1	/	2	0.8	1.2
8	<b>Pralus</b> Organics Tropical Chocolate - Madagascar Criollo 75%	75	43.6	30.0	73.6	128.6	770.1	/	—	—	—
9	<b>Morinaga</b> Carré de Chocolat (Cacao 70)	70	40.0	25.6	65.6	83.3	685.3	/	2.1	0.5	1.6
10	<b>Café-Tasse</b> Extra Dark Chocolate 77% Cocoa	77	38.7	32.1	70.8	93.0	870.9	/	0.1	0.1	—
11	<b>M&amp;S</b> Food Single Origin Dark Chocolate 75% Cocoa	75	43.9	26.0	69.9	107.3	672.4	/	0.1	0.1	—
12	<b>Royce</b> Pure Chocolate - Mild Bitter Cacao 80%	80	41.2	25.7	66.9	75.1	696.7	/	2.8	0.4	2.4
13	<b>Lucullus</b> 73% Dark Chocolate Bar	73	37.7	22.8	60.5	58.5	626.8	/	3	0.6	2.4
14	<b>Galler</b> Dark Chocolate 70% Cocoa	70	38.4	25.5	63.9	73.8	691.8	/	1.8	0.4	1.4
15	<b>Food Nation</b> Dark Chocolate 72% Organic Dark Chocolate	72	40.0	30.2	70.2	115.3	790.4	/	1.1	0.3	0.8
16	<b>Millésime</b> Chocolat Équateur Noir 70% (70% Cocoa Dark Chocolate Ecuador)	70	51.1	23.5	74.6	99.0	606.5	/	0.5	0.1	0.4
17	<b>Domori</b> Cacao Criollo 70% Porcelana Dark Chocolate	70	39.8	25.2	65.0	209.3	545.9	/	—	—	—
18	<b>Amedei</b> Blanco De Criollo Extra Dark Chocolate 70%	70	43.2	24.6	67.8	107.0	630.0	/	0.4	—	0.4
<b>黑朱古力(標示可可含量70%至80%及聲稱無添加糖)</b>											
19	<b>Valor</b> 70% Dark Chocolate No Sugar Added	70	34.9	28.5	63.4	84.2	771.6	/	—	—	—
20	<b>Chocolat Stella</b> No Added Sugar Dark Chocolate with Cocoa Nibs 72%	72	43.3	29.8	73.1	125.9	769.5	/	2.6	2.6	—
<b>牛奶朱古力 (標示可可含量≥30%)</b>											
21	<b>Lindt</b> Swiss Classic Swiss Milk Chocolate	31	26.3	4.2	30.5	18.6	110.7	20	30	5.1	24.9
22	<b>Jacquot</b> Milk Chocolate Bar	33	29.1	4.5	33.6	20.3	119.6	17	32.1	7.4	24.7
23	<b>Milka</b> Alpine Milk Bar 瑞士牛奶朱古力	30	24.7	5.8	30.5	22.6	157.9	18	30.7	6.0	24.7
24	<b>Choklad Ljus</b> Milk Chocolate (UTZ Certified) 牛奶朱古力獲UTZ認證	30	24.9	5.6	30.5	23.4	148.8	16	34.3	4.8	29.5
25	<b>Feodora</b> Deluxe Chocolate Superior Milk Chocolate with 37% Cocoa	37	30.8	8.2	39.0	40.0	214.3	/	25	6.3	18.7
26	<b>Coles</b> Belgian Milk Chocolate	31.5	28.1	4.4	32.5	15.7	121.1	21.5	23	5.9	17.1
27	<b>Green &amp; Blacks</b> Organic Organic Milk Chocolate 37% Cocoa	37	28.2	6.8	35.0	23.5	187.5	24	25.6	8.3	17.3
<b>牛奶朱古力 (標示可可含量 &lt; 30%)</b>											
28	<b>Cadbury</b> 吉百利 Dairy Milk Milk Chocolate	27	22.5	4.6	27.1	18.2	123.3	24	25.8	8.9	16.9
<b>牛奶朱古力 (沒有標示可可含量)</b>											
29	<b>Meadows</b> Belgian Milk Chocolate	/	27.5	7.9	35.4	29.1	216.5	/	25.1	4.2	20.9



[1] 各分類內的樣本按表一的總評分由高至低排列。

[2] / 沒有標示 — 沒有檢出