

表三：朱古力的可可含量及奶含量研究

樣本編號	標籤資料 產品名稱及描述 [1]	可可含量相關資料及測試結果 [2]						奶含量相關資料及測試結果 [2]			
		可可含量 標示值	測試結果					奶含量 標示值	測試結果		
			可可脂	非脂可可 固形物	可可含量	咖啡因	可可鹼		奶含量	乳脂	非脂乳 固形物
			(%)	(克/100克)	(%)	(毫克/100克)	(%)				
黑朱古力(標示可可含量70%至80%及成分表有列出糖)											
1	Divine Deliciously Smooth Dark Chocolate 70% Cocoa	70	46.0	24.7	70.7	69.0	671.7	/	—	—	—
2	Meurisse Dark Chocolate from Papua New Guinea 73% Cacao	73	43.2	25.5	68.7	114.7	651.1	/	—	—	—
3	Lindt Excellence MILD 70% Cocoa Mild Dark Chocolate	70	47.2	21.1	68.3	73.8	558.5	/	—	—	—
4	La Maison Du Chocolat Paris 70% Mexique Intense Dark Chocolate Bitter Roasted Single Origin	70	43.0	27.0	70.0	68.1	741.0	/	—	—	—
5	Ghirardelli Intense Dark 72% Cacao Dark Chocolate	72	47.5	24.9	72.4	84.8	660.9	/	—	—	—
6	Venchi Montezuma Nibs 75% Cocoa Extra Dark Chocolate with Roasted Cocoa Nibs	75	41.7	28.7	70.4	98.1	764.0	/	0.1	0.1	—
7	Godiva Signature 72% Cacao Dark Chocolate 醇享系列72% 可可黑巧克力	72	39.2	24.5	63.7	74.3	662.1	/	2	0.8	1.2
8	Pralus Organics Tropical Chocolate - Madagascar Criollo 75%	75	43.6	30.0	73.6	128.6	770.1	/	—	—	—
9	Morinaga Carré de Chocolat (Cacao 70)	70	40.0	25.6	65.6	83.3	685.3	/	2.1	0.5	1.6
10	Café-Tasse Extra Dark Chocolate 77% Cocoa	77	38.7	32.1	70.8	93.0	870.9	/	0.1	0.1	—
11	M&S Food Single Origin Dark Chocolate 75% Cocoa	75	43.9	26.0	69.9	107.3	672.4	/	0.1	0.1	—
12	Royce Pure Chocolate - Mild Bitter Cacao 80%	80	41.2	25.7	66.9	75.1	696.7	/	2.8	0.4	2.4
13	Lucullus 73% Dark Chocolate Bar	73	37.7	22.8	60.5	58.5	626.8	/	3	0.6	2.4
14	Galler Dark Chocolate 70% Cocoa	70	38.4	25.5	63.9	73.8	691.8	/	1.8	0.4	1.4
15	Food Nation Dark Chocolate 72% Organic Dark Chocolate	72	40.0	30.2	70.2	115.3	790.4	/	1.1	0.3	0.8
16	Millésime Chocolat Équateur Noir 70% (70% Cocoa Dark Chocolate Ecuador)	70	51.1	23.5	74.6	99.0	606.5	/	0.5	0.1	0.4
17	Domori Cacao Criollo 70% Porcelana Dark Chocolate	70	39.8	25.2	65.0	209.3	545.9	/	—	—	—
18	Amedei Blanco De Criollo Extra Dark Chocolate 70%	70	43.2	24.6	67.8	107.0	630.0	/	0.4	—	0.4
黑朱古力(標示可可含量70%至80%及聲稱無添加糖)											
19	Valor 70% Dark Chocolate No Sugar Added	70	34.9	28.5	63.4	84.2	771.6	/	—	—	—
20	Chocolat Stella No Added Sugar Dark Chocolate with Cocoa Nibs 72%	72	43.3	29.8	73.1	125.9	769.5	/	2.6	2.6	—
牛奶朱古力 (標示可可含量≥30%)											
21	Lindt Swiss Classic Swiss Milk Chocolate	31	26.3	4.2	30.5	18.6	110.7	20	30	5.1	24.9
22	Jacquot Milk Chocolate Bar	33	29.1	4.5	33.6	20.3	119.6	17	32.1	7.4	24.7
23	Milka Alpine Milk Bar 瑞士牛奶朱古力	30	24.7	5.8	30.5	22.6	157.9	18	30.7	6.0	24.7
24	Choklad Ljus Milk Chocolate (UTZ Certified) 牛奶朱古力獲UTZ認證	30	24.9	5.6	30.5	23.4	148.8	16	34.3	4.8	29.5
25	Feodora Deluxe Chocolate Superior Milk Chocolate with 37% Cocoa	37	30.8	8.2	39.0	40.0	214.3	/	25	6.3	18.7
26	Coles Belgian Milk Chocolate	31.5	28.1	4.4	32.5	15.7	121.1	21.5	23	5.9	17.1
27	Green & Blacks Organic Organic Milk Chocolate 37% Cocoa	37	28.2	6.8	35.0	23.5	187.5	24	25.6	8.3	17.3
牛奶朱古力 (標示可可含量 < 30%)											
28	Cadbury 吉百利 Dairy Milk Milk Chocolate	27	22.5	4.6	27.1	18.2	123.3	24	25.8	8.9	16.9
牛奶朱古力 (沒有標示可可含量)											
29	Meadows Belgian Milk Chocolate	/	27.5	7.9	35.4	29.1	216.5	/	25.1	4.2	20.9



[1] 各分類內的樣本按表一的總評分由高至低排列。

[2] / 沒有標示 — 沒有檢出